

2019 NAF Annual Ataxia Conference (AAC) Preliminary Schedule and Overview

Please Note: Due to circumstances beyond our control, this conference schedule is subject to change.

The most current version of the AAC schedule can be found at:

<https://ataxia.org/2019-annual-ataxia-conference/>

The National Ataxia Foundation (NAF) Board of Directors and the National Ataxia Foundation Western Region Support Groups invite you to attend the 62nd Annual Ataxia Conference (AAC). Please join us at the Flamingo Las Vegas, NV to learn, share, network, have fun, and enjoy the sites.

Thursday, March 28

Event	Location	Times
AAC Check-In and Registration	3 rd Floor Registration	9:00 a.m. – 6:00 p.m.
Stop here first and get your conference program, name badge, and welcome bag.		
Ataxia Marketplace	Twilight	12:00 p.m. – 5:00 p.m.

Interested in research opportunities, accessible equipment, activities, and resources? Visit the Ataxia Marketplace to find out more about those areas of interest, participate in other activities, and attend bonus sessions. Persons under the age of 12 must be accompanied by a parent or guardian who is age 18 or older. Activities: Ataxia Rocks, Adaptive Gaming, Coloring, and more.

Fundraising Session	Twilight	2:30 p.m. – 3:30 p.m.
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Speaker: Joel Sutherland, NAF Development Director

Anyone who is interested in learning more about organizing a fundraising event or getting involved in an Ataxia event to support the important work of the National Ataxia Foundation is encouraged to attend.

First-Time AAC Attendee Session	Twilight	4:00 p.m. – 4:30 p.m.
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Speaker: Dana Mauro

You registered to attend the AAC. Now what? If you are wondering where to begin? what the conference is all about? how to schedule your time? what information or sessions would be the most useful to you? network and meet others who have similar questions then this session is for you. This session is aimed at helping anyone who may be looking for advice on how to maximize their time and get the most out of the conference. You will leave feeling more familiar with conference topics, events and breakout sessions. You'll be able to plan out a schedule and even build in some time to relax and have fun!

Friday, March 29

Event	Location	Time
Continental Breakfast	Sunset Ballroom Foyer	7:30 a.m. – 8:30 a.m.
AAC Check-In and Registration	3 rd Floor Registration	7:30 a.m. – 5:00 p.m.
Ataxia Marketplace	Twilight	8:00 a.m. – 5:00 p.m.
General Sessions	Scenic & Vista Ballroom	8:30 a.m. - 11:30 a.m.

<u>TIME</u>	<u>TOPIC</u>
8:30 a.m.	Welcome & NAF Update

8:40 a.m.	Acknowledgements & Thanks
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9:00 a.m.	Keynote Address
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SPEAKER

Camille Daglio, AAC Chair

NAF Board Member, Hattiesburg, MS

Joel Sutherland, NAF Development Director

NAF, Minneapolis, MN

Susan Perlman, MD, NAF Medical

SCA3 BIRDS OF A FEATHER

This Birds of a Feather are for those who have been diagnosed with SCA3

Facilitator: Dr. Paulson, Dr. Moore, and Dr. Oz

SCA6 BIRDS OF A FEATHER

This Birds of a Feather are for those who have been diagnosed with SCA6

Facilitator: Dr. Khemani

ALL Other SCAs (Including SCA 5, 7, and 8) & DRPLA BIRDS OF A FEATHER

For this Birds of a Feather you need to have a diagnosis of SCA other than SCA 1, 2, 3, or 6 or DRPLA. If you do not have a diagnosis of hereditary Ataxia, please attend the Unknown without Family History BOF session.

Facilitator: Dr. Subramony and Lisa Ord, LCSW

FRIEDREICH BIRDS OF A FEATHER

This Birds of a Feather are for those who have been diagnosed with Friedreich Ataxia

Facilitator: Dr. Perlman

AOA BIRDS OF A FEATHER

This Birds of a Feather are for those who have been diagnosed with AOA

Facilitator: Dr. Fogel

*The following group has been designed for non-affected family members:

SPOUSES & PARTNERS WITHOUT ATAXIA BIRDS OF A FEATHER

This Birds of a Feather will be attended by spouses and partners to share with other spouses and partners their experiences and concerns. For the privacy of the issues talked about in this session we ask that those with Ataxia attend the BOF sessions for Ataxians.

Facilitator: Donna Neuworth, Health Educator and Dr. Schmahmann

Yoga for Life

Marketplace

3:00 p.m. – 3:30 p.m.

Teachers: Stephanie Jillian and Phyllis Morgan

Come enjoy 30 minutes of Yoga Therapy created for all levels and all abilities. Enjoy the benefits of yoga poses tailored to accommodate the needs of those who participate in a chair. Yoga has been proven to reduce stress, increase body awareness, stabilization, and improvement of musculoskeletal system. Experience breathing exercises that will leave you feeling relaxed, refreshed, and energized. Plus, learn how to easily incorporate yoga into your life every day.

Let's Flamingle Reception

Vista & Scenic Ballroom

5:00 p.m.

All registered conference attendees are welcome to attend and dress up as their favorite Las Vegas entertainer. Admittance to this event and the light appetizers that will be served are included with your registration fee. A cash bar will be available. You are encouraged to prepare contact cards to distribute at this event. Contact cards should only include information you wish to distribute. Information on contact cards can include your name, email address, state, and diagnosis/affiliation. Repeat attendees are encouraged to welcome a First-Time Attendee. First-Time Attendees are identified with a First-Timer Ribbon on their name badge.

Saturday, March 30

Event	Location	Time
Continental Breakfast	Sunset Ballroom Foyer	7:30 a.m. – 8:30 a.m.
AAC Check-In and Registration	3 rd Floor Registration	7:30 a.m. – 5:00 p.m.
Ataxia Marketplace	Twilight	8:00 a.m. – 5:00 p.m.
General Sessions	Scenic & Vista Ballroom	8:30 a.m. – 12:00 p.m.

GENERAL SESSIONS:

<u>TIME</u>	<u>TOPIC</u>	<u>SPEAKER</u>
8:30 a.m.	SCA Global Conference Recap: Transforming Worldwide Research	Thomas Klockgether, MD <i>University Hospital Bonn, Bonn, Germany</i>
9:00 a.m.	Ending the Diagnostic Journey: Next-Generation Genetic Testing	Facilitator: Jeremy Schmahmann, MD <i>Harvard Medical School, Boston, MA</i>
Panelists: Matthew A Bower, MS, CGC – University of Minnesota, Minneapolis, MN and Brent Fogel MD, PhD – UCLA, Los Angeles, CA		
<i>Questions for this panel session can be sent to susan@ataxia.org</i>		
9:45 a.m.	Management of Ataxia: Goals and Treatments	Henry Paulson, MD, PhD <i>University of Michigan, Ann Arbor, MI</i>
10:15 a.m.	Physical Therapy: Staying Strong and Balanced	Jennifer Millar, MSPT <i>Johns Hopkins University, Lutherville, MD</i> Jennifer Keller, PT, MS <i>Kennedy Krieger Institute – Lutherville, MD</i>
10:45 a.m.	Hope and Promise for the Future	Lauren Moore <i>University of Michigan, Ann Arbor, MI</i>
11:10 a.m.	Morning Wrap-up	Joel Sutherland, Development Director <i>NAF, Minneapolis, MN</i>
11:15 a.m.	NAF Member Business Meeting	Bill Sweeney, NAF President <i>NAF Board Member, Minneapolis, MN</i>

Lunch Concessions	Sunset Ballroom Foyer	11:00 a.m. – 2:00 p.m.
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Lunch n' Learn Sessions

<i>Financial Planning and Social Security</i>	Marketplace	12:00 p.m. – 1:00 p.m.
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Speakers: Kelly Piacenti, MassMutual SpecialCare Assistant Vice President, Jerry Hulick, CLU, ChFC, ChSNC, CLTC, Mass Mutual SpecialCare Planner, and Barbara Duckett, SSA Public Affairs Specialist

<i>Family Planning Options</i>	Virginia City 2	12:00 p.m. – 1:00 p.m.
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Speakers: Jessica Oberlin and Matthew Bower, CGC

<i>Ataxia Advocacy: A Global Effort</i>	Laughlin 2	12:00 p.m. – 1:00 p.m.
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p.m.

Facilitator: Lori Shogren, NAF Community Program & Services Director

Panelists: Alan Thomas – Ataxia and Me.org Founder, Cory Hannan – Ataxia Mexico Founder, Kristen Angell - NORD, Lauren Sormani – NAF Under 30 with Ataxia Support Group Leader

Birds of a Feather (BOF)

2:00 p.m. – 4:30 p.m.

Birds of a Feather Informal Groups will meet from 2 – 4:30 p.m. in various conference rooms. Please check the conference program and hall signs for your specific group's location.

Attention Parents: Birds of a Feather Sessions for attendees under 30 years old. Mature subject matter may be discussed. These sessions are not intended for those who are under 12 years old. Children under 12 years old should not attend a Birds of a Feather session. Questions regarding these sessions may be directed to Sue Hagen, NAF Patient Services Director susan@ataxia.org or (763) 231-2742. Paid PCAs are welcome to attend the Birds of a Feather session with their client, but not required unless client requires it.

* The following groups have been designed for those who are affected with Ataxia:

UNKNOWN WITH FAMILY HISTORY, EA and OTHER RARE RECESSIVES BIRDS OF A FEATHER

This Birds of a Feather is for those who have been diagnosed with an Unknown Type of Ataxia with Family History.

Facilitator: Dr. Fogel and Matthew Bower, MS, CGC

UNKNOWN WITHOUT FAMILY HISTORY – MSA, SPORADIC & GLUTEN BIRDS OF A FEATHER

This Birds of a Feather are for those who have been diagnosed with an Unknown Type of Ataxia without Family History, including MSA, Sporadic, and Gluten Ataxia

Facilitator: Dr. Schmahmann and Jennifer Millar, MSPT

UNDER AGE 30 WITH ATAXIA BIRDS OF A FEATHER

This Birds of a Feather session will be attended by those with any type of Ataxia who are under the age of 30.

Facilitator: Stephanie Lucas, NAF Communications Manager

*The following group has been designed for parents of children who are affected with Ataxia:

PARENTS (NON- FRIEDREICH) BIRDS OF A FEATHER

This Birds of a Feather will be attended by parents whose child(ren) are affected by any form of Ataxia other than Friedreich's Ataxia. For this Birds of a Feather group time will be used to listen and share experiences. This will be a powerful time for everyone.

Facilitator: Dr. Khemani

*The following group has been designed for parents of children who are affected with Ataxia:

PARENTS (FRIEDREICH) BIRDS OF A FEATHER

For this Birds of a Feather group time will be used to listen and share experiences. This will be a powerful time for everyone. The session will begin with identifying some expectations of the group members and addressing their issues/concerns.

Facilitators: Dr. Perlman

* The following groups have been designed for non-affected family members:

FAMILY MEMBERS WITHOUT ATAXIA (other than parents, spouses, or partners) BIRDS OF A FEATHER

This Birds of a Feather will be attended by family members (siblings, children, etc.) of those with Ataxia to share experiences and concerns. For the privacy of the issues talked about in this session we ask that those with Ataxia attend the BOF sessions for Ataxians.

Facilitator: Donna Neuworth, Health Educator and Lisa Ord, LCSW

Hot Hula

Marketplace

2:30 p.m. – 3:30 p.m.

Facilitator: Nancy Willard

This is a dance workout for all abilities and is inspired by the dances of the Pacific Islands. MATUA incorporates easy-to-perform dance movements set to the traditional Polynesian drum beats fused with island and 60's music. MATUA provides the HOT HULA fitness® program "total body workout" while keeping the needs of class members in mind. The workout provides the benefits of dance to participants of all levels from non-active to very active. HOT HULA fitness® MATUA is designed to allow any fitness level to participate. The workout can be performed seated or standing position. No shoes are required to add to the "island" feel in this class. It's suggested that participants wear loose comfortable clothing, bring a towel, and drink water throughout the session.

Banquet

Scenic & Vista Ballroom

7:00 p.m.

We look forward to a wonderful dinner together and a fun evening of socializing. Your name badge indicating your preselected entrée choice will be required to enter this event. When you arrive at the conference **please make sure you receive your name badge if you are attending.** The cost of the banquet is included in your registration fee. Beverages will be available at a cash bar. The banquet includes a plated dinner. Seating will begin promptly at 7pm. There will not be assigned seating. Raffle drawings will be held during the banquet program. Winners must be present to win.